BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association
July 2021 Issue 625

Litter Picking Event 2021

The first Bar Hill Litter Picking event of 2021 is scheduled for **10th July** - meeting at **10am** in front of the Parish Council offices (by the Primary School).

We'd love to see you there! Bags and pickers will be provided, if you'd like to join us then please email the editor on bhneditor@yahoo.com.

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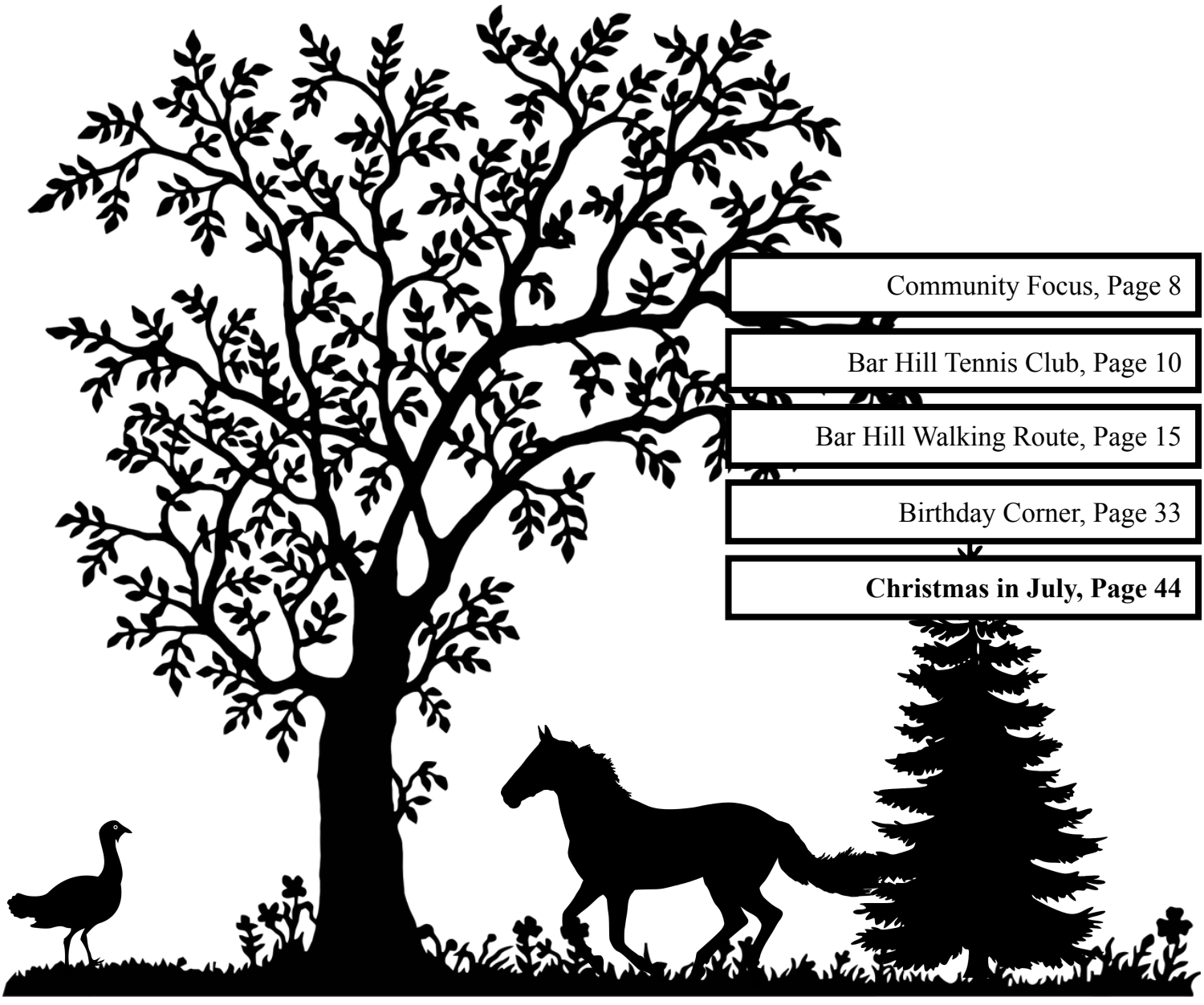

EDITORIAL

July 2021

This month has been a busy month in Bar Hill as more and more groups have re-opened. The failure to end the restrictions in June has made things a lot harder, but (fingers crossed!) come this time next month the world will look a great deal more normal.

This month in the Bar Hill News we have an update from our Councillors in relation to the new equine crossing on Saxon Way, an update from the Cricket Club on their latest matches, the third in our series of walks, an update from Neighbourhood Watch, as well as some fantastic articles from Liz Dam.

Next month we can expect an update on the new charity (Bar Hill Community Association), there are a few more i's to dot and t's to cross but we are very close to submitting the application now. Fingers, once again, crossed!

I'm also hoping, with the number of scheduled events coming up, to return either the back page or inside page to a calendar of events for August.

Is there anything else you like (or don't like)? Anything you'd like to see us write an article on as part of our community focus? Please email bhneditor@yahoo.com to let us know!

PS. The "Protect Your Pooch" poster (from Neighbourhood Watch) is available as a download if you'd like to print it yourself and put it up - https://bit.ly/3gJTtqG.

Residents Association 2021-22	
Chair	Laura Chapman
Vice Chair/ Secretary	Karen Hayden
Treasurer	Anne Bensted
Data Prot. Officer	Richard Hayden
Magazine Editor	Andy Pellew
Features Editor	Lottie Beare
Advertising	Anne Bensted
	Bunty Waters
	Roger Hall
	Jo Hall
	Amber Neale

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

Article Information

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted electronically to bhneditor@yahoo.com

Would you like to join our Residents' Association? We meet once a month and are always open to ideas for enhancing life in our village and working with partners to develop our community.

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CAMBRIDGESHIRE COUNTY COUNCILLORS REPORT

It is early days at the County Council for the new Joint Administration (http://bit.ly/ld-agreement) and we have not yet had our first Council meetings, beyond the AGM to elect the Council's new Leader (Cllr Lucy Nethsingha) and authorise a new approach to running the Council. The new administration aims to prioritise supporting the environment, sustainability and the climate emergency, improving education and reducing poverty (which will include 'health in all policies') and ensuring services delivered are efficient and providing the best value to all the residents of Cambridgeshire.

One major early change under the new administration is to ensure that those children who are currently in receipt of free school meals will receive food vouchers during the holidays.

In addition, we were able to introduce the COVID support grant scheme rapidly after the election. More information is available here (http://bit.ly/CCC-food-vouchers2021).

And finally the Council will be putting in place more support for families during the summer holidays. We have been working with public health bodies and have now launched an application process for the summer Holiday Activity and Food (HAF) scheme – to check if your child is eligible please visit http://bit.ly/CCC-holiday2021.

A major issue which would be good to get your input into, either by writing to me or inputting your views to the website direct, is below.

Local Cycling and Walking Plan

The County Council begun a consultation on proposals which had been suggested in January 2021 but which they would like to re-start and seek input.

This is an early stage policy document which seeks to outline new and existing walking and cycling routes and consider which routes should be created or improved, as and when funding becomes available. It may take time for funding etc to be secured but the County would like input now into the proposals.

The proposals can be found on: http://bit.ly/CCC-cycling-walking2021

Are these the right paths? The report identifies a cycle path, which extends to the approach to Dry Drayton, beside the golf course. Other ideas are: the bridlepath connecting Bar Hill with the top of Dry Drayton High St, central spine paths in Bar Hill, or perhaps a path around the ring road?

The consultation has been open for a few weeks and concludes at 23.59pm on 13 July 2021. The information will then be analysed and presented to the County Council's Highways and Transport Committee.

Equine crossing on Saxon Way

At the point of writing the full information has not yet been provided by the County Council, nor Highways England. However the works are part of the A14 development, designed by Highways England and approved by the County Council's officers after the Development Consent Order 2016. Of course Highways England and the County Council should have consulted residents. It seems the County officers reduced the lane space on safety grounds, and Highways England has done analysis on congestion impacts. I will share this when I get it. Not the full picture yet but getting there!

Cllr Edna Murphy - Bar Hill Division, Cambridgeshire County Council
Edna.Murphy@cambridgeshire.gov.uk, **01223 577005**

NOTICES & LETTERS TO THE EDITOR 1/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

Good morning,

Is there anybody out there who is fed up with the noise coming from Aeroplanes doing aerobics over Bar Hill. My peace sitting in my garden is constantly disturbed by Biggles & co. using Bar Hill as a flight pass. Is there anything we can do about it.

Possibly get them to fly over the north sea !!!

Sincerely, Michael Sweeney

Dear residents,

You may not be aware of a new consultation on Cycling and Walking that the County Council is running and, given the popularity of building a path around the ring-road of the village, this might be an ideal time for as many people who want this to make their voices heard!

The link to the consolation is; http://bit.ly/CCC-cycling-walking2021

Thank you, Andy Pellew, Foxhollow

NOTICE: This is to thank you all for your kindness shown in so so many different ways after we lost Brian to his final address of his death on Earth. May he truly rest in heaven with his family & friends - God bless him.

Now to all you lovelies, if you wish to do so his passing was down to his lungs with what they called Pulmonary Fibrosis.

Several of you have expressed a wish to donate to a charity. We think that is very kind of you and wish you to give to the charity of your choice. All charities are having a hard time at the moment.

We as a family are donating to the charity that is working with creating disorders for cleaner air; www.blf.org.uk

Fran Baker & Family, The Brambles

Dear Editor

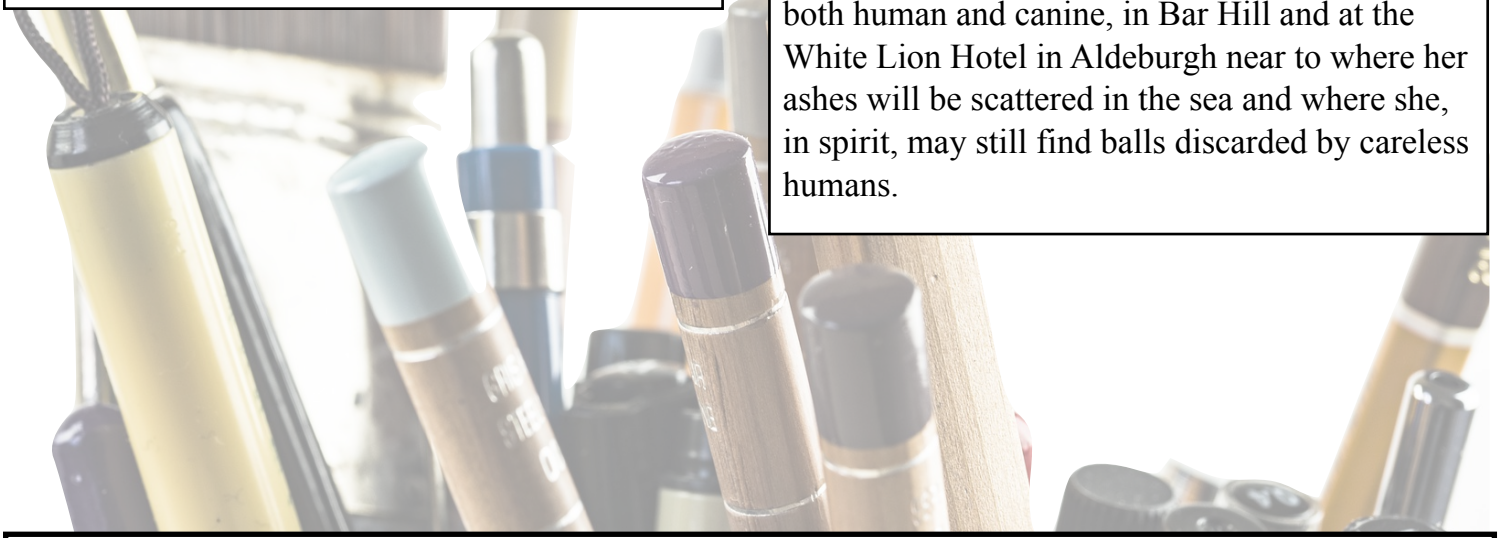
Can I ask through the Bar Hill News, that cyclists use their bell when coming up behind a person walking.

It can be quite startling to have a bike come up behind you silently, our paths are great for walking and cycling, however, please can we share in a more generous way.

Bunty Waters, Foxhollow

NOTICE: Holly, R.I.P. Holly, the beloved Labrador of Jo and Roger Hall passed away on 1st June aged fifteen years and one month.

She will be sorely missed by her many friends, both human and canine, in Bar Hill and at the White Lion Hotel in Aldeburgh near to where her ashes will be scattered in the sea and where she, in spirit, may still find balls discarded by careless humans.



Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

Bar Hill Primary School

Bar Hill Primary School is looking to appoint a Mid-Day Co-ordinator

7.5 hours per week (1.5 hours per day) Term time only (starting 1st September 2021)

To organise and deploy a team of midday supervisors during the lunch period. The role includes being responsible for the safety, welfare and conduct of pupils during the lunch break.

For more information (and a full job description) please contact the school at **office@barhillprimary.org** or **01954 273305**.

Bar Hill Primary School is committed to safeguarding and promoting the welfare and safety of its pupils and requires all staff, governors and volunteers to share this commitment. Therefore, all applicants will be subject to an enhanced DBS check.

Back in May the whole school took part in Outdoor Learning Day

Some of the children enjoyed some outdoor maths, exploring 2d shapes and their properties in chalk, followed by a 3D shape hunt around the school. Reception started the day by singing a sunshine song, to keep the rain away! They took art outside and painted with mud whilst also making natural crowns. Year 6 cooked a South African Metemgee at the fire pit. One child at the end of the day said "I have had such a lovely day, I wish it wasn't over"

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NOTICES & LETTERS TO THE EDITOR 2/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

Dear Editor

Jan Cundy's comments in the June edition about the typeface and layout of Bar Hill News are entirely correct. I have worked in publishing for many years and am aware that much research has been done on readability. It is well known that serif fonts beat sans-serif ones every time.

I recently had a vision test at a hospital eye clinic and was assessed as having better sight than is required for driving. I find Bar Hill News less easy to read than a newspaper.

Paragraph 1 of this letter is in Bookman Old Style and is a winner for readability. Paragraph 2 is in Univers, a sans-serif font that is in common use; the letters are less distinctive than those in paragraph 1. Paragraph 3 (this one) is in Times New Roman, probably the best-known serif font. It is popular because it is easy to read and takes up less space than many other fonts.

I really want to read my Bar Hill News. We residents are fortunate that people are willing to contribute to it, to take it through the publishing process, and distribute it. Please make it as readable for all of us as you can.

Yours

Jenny Knight

RESPONSE: You asked and it shall be so! From this issue going forward the default font for the Bar Hill News will be "Times New Roman" (13pt).

Note: I had to update Jenny's letter with a different font (for Paragraph 2) as the original, Univers, wasn't available. The original font for the BHN was Helvetica Neue so I used that instead.

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Dear Editor,

I've enjoyed the little biopics by Ashley & Roger & hope for more, so many things take place but it's not clear how or by who & I think that it is important for the public to recognise that effort has to be made for life to continue in an ordered way.

Regards,

Keith Morris

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Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

BAR HILL COMMUNITY FOCUS 1/2

Something that so many of us are concerned about is our global footprint, and I personally am trying to make a real effort to reduce the amount of plastic waste which my household produces.

When Pure Brilliant Green (PBG) opened in Bar Hill, I immediately knew that this was a business which I could get behind, and so it seemed an obvious choice for this months' community focus.

PBG is a community refill station for natural and sustainably produced products, providing an easy way for you to reduce single use plastics within your home. The concept is that either you provide your own bottle or purchase one from PBG for them to then fill with household products, such as soap, shampoo, washing up liquid or any of the plentiful products which they offer. Once you have run out of said product, you take the bottle back to PBG to be refilled, and as a result you are reducing the amount of plastic which is going into landfill.

Lottie: why don't you tell me how PBG started?
Collette: so we have always tried to be conscious about the choices we make at home and how they may impact the environment, so for us, it seemed like the next logical step to take [setting up the business] so we could make a bigger impact on the environment ourselves but also help the community to do the same.

L: How long has PBG Been going for now?
C: Since November; so it was dark evenings and Covid when we opened. We did a lot of market research before we opened and then decided to just take the plunge at that point.
[The pandemic] probably affected me more on a personal level than anyone else [in the family]. I was really worried about Covid and we, as a family, did hide ourselves away a lot, so we have been really careful about making sure we are safe for ourselves and our customers, and we have taken everything really seriously. So we do offer doorstep drop offs and collections of our products so that it is contactless for those who feel more comfortable with it.

L: How has the business grown?
C: We are actually having a shed built this week so that we can store all of the products which we are offering. It will be a beautiful space where you can see everything we have on offer. When we first opened, we only had one or two shampoos and a couple of household options. But we now actually stock everything which our suppliers offer. We like to think we have something for everyone with regards to the price points of our products as we have some more luxurious options, as well as some more basic product choices.
And in terms of the variety of products which we have, we now have everything from household cleaning options and personal care, through to bio-degradable toilet roll, bamboo toothbrushes and silicone lids (which really are amazing as you don't have to use cling film – and they go in the dishwasher!).
I think it's more difficult for people at the moment because I don't think that people always want to come and browse our products in person and see what we have. But I do think it will get better [now that the world is opening up again] and [PBG] has exceeded our expectations already.

L: Are you busy, are the people of Bar Hill using PBG?
C : Yes - we have new clients coming every week as well as our returning customers, which is amazing. I love to hear about what people think about the products they're using – because these aren't products which you would find on the high street. They are new to people and it is a big thing to ask people to swap to a new product which they haven't used before, and they aren't familiar

with. And the fact that people do come back to refill their products is a great sign. I also love to hear what other people want from us, the majority of the products which we stock are as a result of people coming back to us and asking for us to supply them.

L: Is there a downside to this for people – is there a reason why they wouldn't want to make the change?
C: This is a commitment which people have to

make to support the environment as you are going to have to come to the shop to refill your bottles which does mean you have to be a bit more organised. But I think once you've made the switch, you will always be thinking about new things which you can do to be better for the environment, for example – we are currently looking into toothpaste, because the tubes which you get aren't recyclable.
We have gone through so many jerry cans which are sent to us with our products in, it's crazy. The best thing about them is that there is zero waste involved even between our suppliers and ourselves. They send us the product in large jerry cans, when they are empty we then clean them out and send them back for the suppliers to refill for us so there is no waste in our production – they call it a close loop system with zero waste which I also really love. It does also make me really proud when I see all the empty cans lined up ready to be sent back, this week alone I had 150 litres worth of empty jerry cans to be sent back and be refilled for us and I thought, "If we hadn't decided that Sunday to just go for it – there would be so much more recycling going back to landfill (because a lot of recycling doesn't actually get recycled), and I just feel like together we all did that and it does make me feel really proud.

L: There are a lot of businesses which have made the switch and are now using you guys to help reduce their plastic consumption
C: Yes and it's brilliant! Buttercups, Cloud Nine, English Beauty house and the Black Horse in Dry Drayton have all got their lovely bottles and they come back to refill their hand wash and hand sanitiser - we are reaching out to other companies to try and encourage them to do the same. For example, if just one cleaner swapped to refilling their bottles instead of buying new every time would make such a huge impact on the environment. It is a difficult concept to get your head around and it is a big switch, but we are so happy to talk to people about what it's about.

L: Why do you love Bar Hill?
C: It's got everything, mainly my family – all of our family now live here (as Tomi's family also moved here from Norwich), so we have everything we need here. Blake has his little friends from pre-school, and I love their mums, I just wouldn't want to give up this community it's so lovely. Everyone knows everyone and everyone really genuinely cares about each other.

L: And, finally, what is the future for PBG?
C: I think we will just carry on doing what we're doing. We like that it's small and community based – we have no intention of expanding beyond our community base or our house. We'll have the lovely new shed, and just continue to take new ideas from our customers of what people want from us.

For more information about PBG and to see their full range of products, please visit their website at **https://www.purebrilliantgreen.co.uk**

Is there a organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

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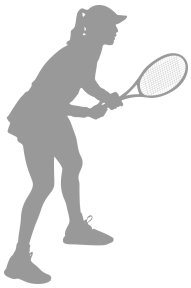
Bar Hill Tennis Club



Our new season is up and running and we have been enjoying some summer sunshine!

We offer very competitive annual membership fees (for details please visit our web site www.barhilltennisclub.co.uk, email, call us (details below) or pop down to the courts during Club nights.

Membership entitles you to play at anytime but the courts are also available to hire for private play. Membership applications and individual court hires can all be booked and paid for "on line" via our website.

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When playing please observe Government Covid guidelines and any guidance posted at the Courts.

We look forward to seeing you!

CONTACTS:

Paul Chubbuck (Secretary): **07983 435104**, and Geof Tamulonis (Chair)
info@barhilltennisclub.co.uk

FOR MORE INFORMATION PLEASE GIVE US A CALL OR VISIT OUR WEB SITE.

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Wednesday 9-5.30

Thursday 9-12.30

Friday 9-5.30

Saturday 9-12.30

The library is open Tuesday and Thursday afternoons (when the Post Office is closed).

The intention is to post updates, where times change, to the Bar Hill Community Facebook group (via the Residents Association).

Memorial Garden Appeal

Many people have used the Memorial Garden over the last ten years and have appreciated this quiet area in Bar Hill where youcan relax and reflect.

Unfortunately some of you may have noticed that the round seat is in a state of disrepair and requires replacing. This we want to do urgently. However, the round seats are expensive and therefore we are seeking to raise some £500 towards the cost. We have very limited financial resources but have approximately £300 we can contribute towards the cost over and above the £500.

Any contribution , however, small will be much appreciated.

Cheques may be paid directly into the Cambridge Building Society Account No. 1768402740 Account Name "Bar Hill Memorial Garden Account" or donations may be put through the letter box at 7 Acorn Avenue, CB23 8DT.

Further information can be obtained from Chris Stannard - Project Leader

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Bar Hill Church news

Services

We are now holding services in the church that are live linked into Zoom, giving people the choice of attending either in person or online. Due to social distancing requirements the number of people that can attend in person is limited, so it is necessary to book a place in advance.

Sunday 4 July, 10:00 am - Holy Communion

Sunday 11 July, 10:00 am - All Together Worship

Wednesday 14 July, 10:00 am - Midweek Holy Communion (in-person only)

Sunday 18 July, 10:00 am - Holy Communion

Sunday 25 July, 10:00 am - Service of the Word

Sunday 1 August, 10:00 am - Holy Communion

Zoom link https://us02web.zoom.us/j/88297613899
Meeting ID: 882 9761 3899
Password: 284740

To book a place to attend in person please contact our office manager on 07395 939282.

Church Contacts

Church Office	Ian Pryke	01954 206120 or 07395 939282
		church.office@barhillchurch.org.uk
Minister	Rev Charles Mather	01954 277119
		Charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
	Website	https://barhillchurch.org.uk
	Facebook	https://facebook.com/barhillchurch

The weather has relented and allowed us to play some cricket after early-season cancellations, but unfortunately results so far have not been positive.

There was a half-century for Paul Stimpson (I'm contractually obliged to say it was scored with Jake Curry's bat!) against Madingley, the highest score of the season to date and contributing to a strong opening stand of 62 with James Barclay. But Bar Hill fell away to 121 all out and although Bar Hill bowled well, the hosts made it to their target with eight wickets in hand.

Barry Driver and Phil Orvis both took two wickets against Cam Kerala III, but a centurion on the Kerala scorecard meant the target was too steep for Bar Hill.

The match at Cambourne III was another defeat, though closer as Bar Hill restricted Cambourne to 195 and totalled 123 in reply – James Barclay the top scorer with 23.

The seconds are also yet to taste victory, though Jamil Haque performed well with bat and ball against Cambourne IV and captain Peter Stockton took two wickets against Elsworth.

This is the first time in a few years that Bar Hill have been able to field two teams on the same day and we are still in need of a few extra players. Get in touch on the number below or via info@barhillcricket.org.uk – we are a friendly club and welcome everyone!

Youth training sessions have been going well and are held every Wednesday from 6pm-7pm on the village green. All ages from 8-15 are welcome. There is a charge of £10 per child for the whole season (extra children from the same family £5 each) and equipment is provided. Sessions are run by qualified and DBS-checked coaches, in compliance with all covid guidance set out by the ECB and the Government.

Keep an eye on our website at barhillcricket.org.uk or on our Facebook page for the latest information.

July fixtures:

Saturday 10th: 1st XI v NCI III (A); 2nd XI v NCI IV (H)

Saturday 17th: 1st XI v Harlton (H)

Saturday 24th: 1st XI v NCI III (H); 2nd XI v NCI IV (A)

Saturday 31st: 1st XI v Cambridge St Giles III (H); 2nd XI v Elsworth (A)

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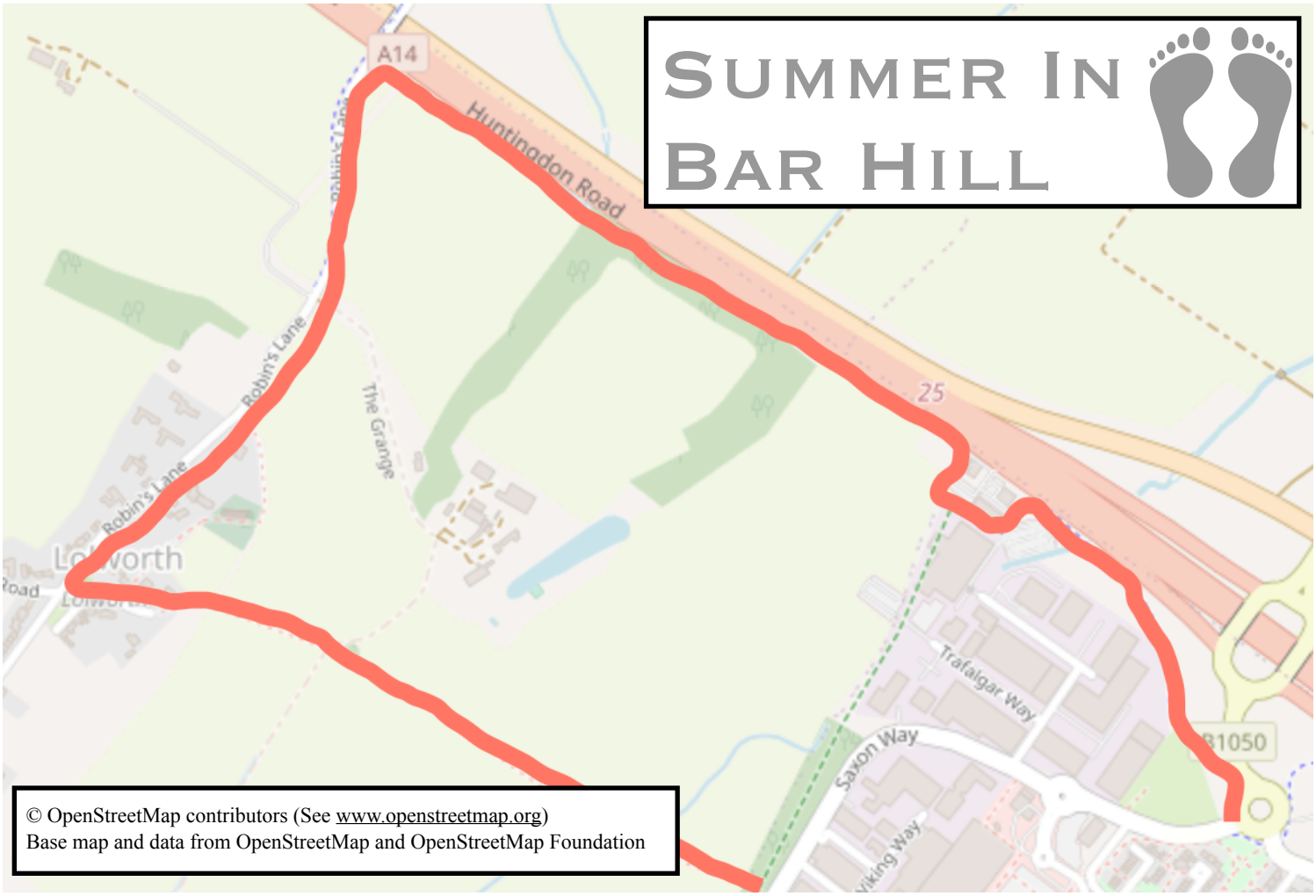
Summer In Bar Hill



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Bar Hill Walking Route # 3

As summer is rapidly approaching and after all the changes of the last year we thought it would be time to introduce (or re-introduce) people to the various walking routes available within and around the village.

This months route takes us from the roundabout at the very entry to the village alongside the A14 to Lolworth.

This route is both slightly longer and slightly harder going than last month's, I hope you enjoy it!

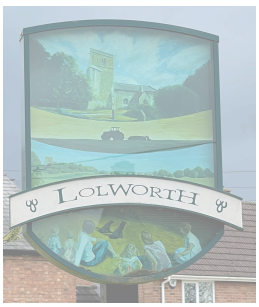
We start at the new (anti-car?) gates on the path by the roundabout. Once through here the new path makes the route incredibly smooth up to the old services (Burger King/ Travelodge) where the route takes a slight detour along the back of the industrial estate.

Once past this point however the route opens out into beautiful countryside.

The route continues alongside the A14 until you reach the Lolworth overpass and then turns south into the village itself along Robin's Lane. Whilst this part of the walk does involve walking on the road there is very minimal traffic.

Once you're into the village then turning back onto the Millennium Path leads you straight back to Bar Hill on the ring road.

The walk (with a keen dog!) takes about 40-50 minutes. Using WhatThreeWords the end-point (on the ring-road) is ///proof.airbase.coining, and if you're doing the walk with young children there is quite a nice play area in the middle of Lolworth village as well as an old red phone box library if you're looking to pickup some new books, CD's, or board games!



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We hope that all our customers have managed to avoid the coronavirus and that their families are all in good health and looking forward to returning to the new normal for summer 2021.

The Friends of the Rosie are enthusiastic volunteers whose aim is to improve the services the hospital provides by raising money for items that the NHS does not buy.

We are selling new items on our rosieinstitches.org.uk website and facebook marketplaces and second hand items in our rosieinstitches2010 charity store on eBay.

We participated in our first on line craft festival on 5th June. A very enjoyable day showing our products from the comfort of our sofa!

We are taking part in two more online events on 3rd July and 4th September.

If you have been tidying another cupboard, we are still welcoming donations of craft materials. One donors cupboard tidying has already raised £23 through our sales on eBay.

We need to find alternative storage space for the items we have for sale. If you have a garage or a shed that you are not making full use of would you consider letting it out to our charity.

The Rosie Hospital are able to accept donations of knitwear please call **01223 217617** to make an appointment to deliver your donation.

We are still unable to run our Friends of the Rosie tea bar in Clinic 21 due to Covid19. We are unable to say when our tea bar will be able to open again as most of our volunteers

are of retirement age or older. We will provide you with regular updates when we know more. We would be able to open sooner if our volunteers were younger. We also need more volunteers.

If you know of anyone who might be interested. Please contact Ann Laskey (**annlaskey@icloud.com**) for more details of what would be involved.

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar.

Contact Mary Sanders on 01223 356615 further details are given on our website www.rosieinstitches.org.uk.

All the very best for Summer

Thank you for your continued support

Anthony Browne MP

Keeping in touch with South Cambridgeshire

News and Updates from our Local South Cambridgeshire MP can be either found on his website;

https://www.anthonybrowne.org

You can also sign up to an email newsletter which ensures that News and Updates are delivered straight to your inbox.

Alternatively you can follow Anthony on Facebook; **https://www.facebook.com/anthonybrowneMP/**, or. Via Twitter; **https://twitter.com/ab4scambs**

You can write to Anthony at his constituency office;

Broadway House,149-151 St Neots Road, Hardwick CB23 7QJ.

Or call to discuss anything **01223 603677**

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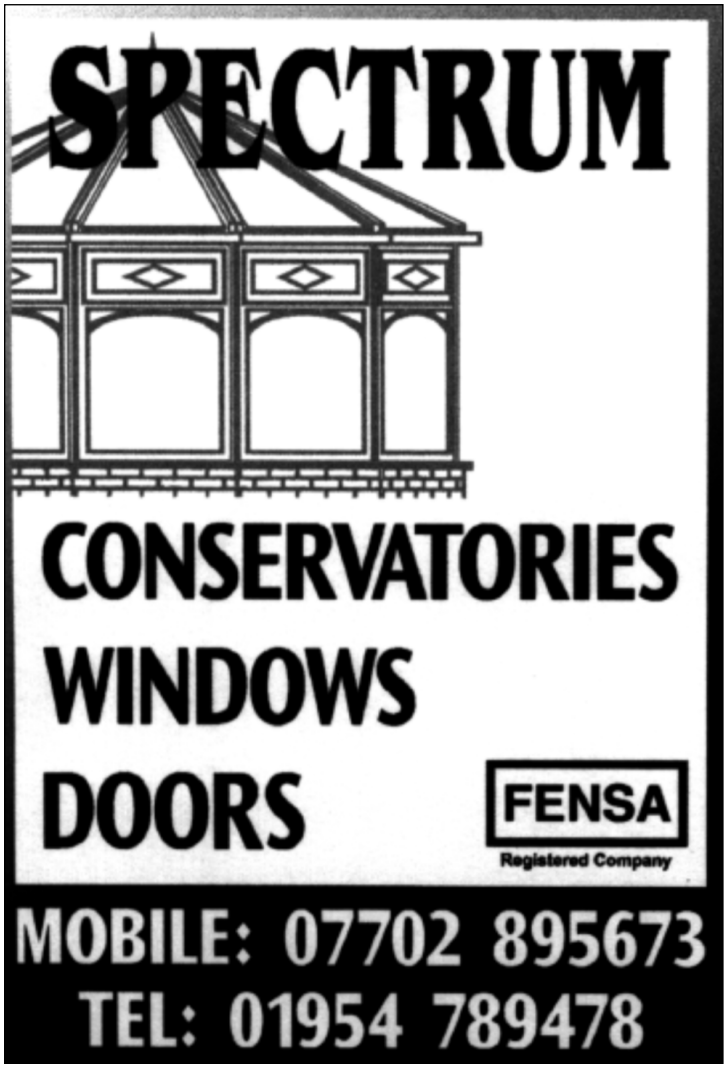
THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or Wendy Arrowsmith on **01954 781381** or come along to the next meeting.

Why not support The Royal British Legion in their Centenary year by buying a limited edition Centenary badge. Suggested minimum donation of £4 please contact Maggie Cox on **01954 488657**.



THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Catholic Church Serving Bar Hill

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton), 01223 622690)

Local Contact: **Bunty Waters** (Tel: 01954 201421)

Mass is now held in the Octagon at 6.00pm on Saturdays, there are a few changes, names are given as you enter, masks must be worn, seating is socially distanced, communion is at the end of Mass as you leave.

Everyone is very welcome, could you email **bunty.waters@ntlworld.com** to let us know if you will be attending, Thank you.

Any queries please email or phone **07734 690580**

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Proof of Vaccine – NHS App

From 17 May 2021, people in England who have been fully vaccinated against COVID-19 can demonstrate their vaccination status for international travel. A full course is currently two doses of any approved vaccine. Vaccine status will be available from the NHS App which you can download from app stores

It may take more than a week for your identity to be checked and verified so you can use this service.

If you cannot access this online service, and you have had 2 vaccines, you can request a paper letter from the NHS by calling 119. Only call 119 if you are due to travel abroad in the near future and have had your second dose more than 5 working days ago. It may take 7 working days for the letter to arrive.

This practice is not able to provide you with a letter that shows your COVID-19 vaccination status.

When you're planning your travel, check the latest information on gov.uk website. Make sure there is time to get proof of your vaccination status before you leave.

Staffing and GP

At the end of May Dr Jankovic left the practice after a long career at Willingham.

Our rapidly expanding team are delighted to welcome Dr Greg Trilling and Dr Vidhya Viswam to the practice as permanent GPs. They are already settling in well and proving to be a big asset to the surgery.

Many of you will be aware that Dr Brown is expecting her second child in the summer, and will be going on maternity leave from the beginning of August. You will be seeing some familiar faces in the surgery including Dr Suter as she continues to locum for the practice to keep us fully staffed.

Coils and implants

We are working hard to reduce waiting times for contraceptive implants and coils at the surgery.

We now have 3 GP's that are trained in this procedure.

Unfortunately, due to the unprecedented demand on the surgery during the pandemic, we do have a long waiting list for these procedures.

Patients have the option to self-refer into the iCaSH service by phoning 0300 300 3030 to be assessed. Clinics are available in Huntingdon and Cambridge.

For further information please see https://www.icash.nhs.uk/where-to-go/icash-cambridgeshire

PPG

The Patient Participation Group (PPG) play a vital role in linking the community to the surgery, voicing your concerns and asking questions which are important to you.

Meetings had to be cancelled during the pandemic, however we are planning on having an online PPG meeting via zoom/Microsoft teams to re-engage patients and answer any concerns.

If you are interested in joining our PPG please email willinghammedicalpractice@nhs.net

Carers Meeting

Due to the pandemic, the carer's meetings are still cancelled until further notice. They will be reinstated as soon as it is safe to do so. In the meantime, we would like to continue to support carers in our local community in any way possible. If you are a carer for someone and need advice and financial or emotional support, please contact Sue Lawson at susan.lawson7@nhs.net or 01954 260230.

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Bin Collection Timetable

Here's the bin collection Timetable for May and

Date	Black	Blue	Green
Jul 1		✔	✔
Jul 8	✔		
Jul 15		✔	✔
Jul 22	✔		
Jul 29		✔	✔
Aug 5	✔		

the start of June 2021. More information (and more dates) is available from the South Cambs website.

In addition there is also the option to add Bin Collection dates to your mobile/ tablet computer for automatic reminders!

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Cambridgeshire Fire and Rescue

We want everyone to enjoy the sunny weather safely this summer however high temperatures and dry areas of land can be perfect conditions for a fire to spread.

Something as simple as not stubbing a cigarette out properly, or using a disposable barbecue on grass, can start a fire that can get out of control.

There are some simple steps we urge residents to take to help prevent an outdoor fire:

- Use barbecues on a hard, flat surface, away from grass, shrubs or fencing.
- Put disposable barbecues on bricks, do not place directly on grass.
- Ensure cigarettes are completely out
- Do not throw cigarettes out of car windows onto grass verges or vegetation
- Do not leave glass bottles lying on the ground, the sun's rays reflect through the glass and can start a fire

Talk to your children about the dangers of starting a fire.

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Bar Hill Village Hall

Our Village Hall stands in the centre of Bar Hill on the corner of the village green and is available for anyone to hire.

The Village Hall is a registered charity (1002579) and is run by a committee who act as trustees for the hall which is owned by the Parish Council. The hall has had 2 small extensions/alterations over the years and for the last five years we have worked hard to raise enough funds to carry out an extensive alteration and extension of the building in order to bring it up to date, make it fully accessible for disabled people and generally improve the facilities.

The following facilities are offered;

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If you wish to book any of these facilities, or to get more information, please call **01954 782414** and leave a message. We'll call back within 24 hours (Monday to Friday). Alternatively you can email us at; barhill.villagehall@btconnect.com or visit www.barhillvillagehall.com

Crafts Shed

We have set up a group called Crafts Shed, Bar Hill ("Shedders"). A shed is a place for men / women with like minded interests to chat, practise skills and enjoy making & mending. Often you will find us woodworking, repairing and restoring items in our "shed". Our Crafts Shed has already made and sold bird boxes, tables and hegehog houses raising funds for the group.

Covid 19 hit just at the same time as we got started last year. Like everyone else, we stopped meeting face-to-face and learnt how to meet online. Now the restrictions are being eased, we are meeting once again in groups of 6 people each day in the Scout Hut and outside, this also includes selling items to people passing by.

We meet three times a week (Tue, Wed & Thurs) from 10.00am to 1.00pm in the Scout Hut near the village hall. We would like to welcome and meet new members to our shed. Just come along, have a drink & biscuit and see what it's all about.

Also we are looking for donations of timber, plywood, screws etc which would be very useful in helping members learn new skills and keeping the "old brains" working! Also it's a place were you don't have to make or repair anything, just come along, sit and a natter.

If you can help with donations, or would like further information, please contact: Chris Stannard **01954 781978** / **07711 623425** or Chris Graham **07913 013920**.

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BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction how to start praying. Whether you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (074 3255 0621) and the free kit will be delivered to your door (in Bar Hill). God bless you!

Neighbourhood Watch Network is a charity registered in England & Wales, CIO no: 1173349

PROTECT YOUR POOCH

Dog theft is on the rise and we are urging the public to keep their dogs SECURE, IN SIGHT and SEARCHABLE, and to help make pet theft a SPECIFIC OFFENCE.

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RADSOC

Swavesey RADSOC returns to live theatre with

Agatha Crusty

And the Village Hall Murders

A Comedy By Derek Webb

Bar Hill Church Centre

Thursday July 15 (7.30pm)
Saturday July 17 (2.30pm and 7.30pm)
(no performance on Friday)

POSTPONED

Tickets £7 / £6

www.swaveseyradsoc.org.uk
@swaveseyradsoc
or phone 07504 552870

There is a £1 fee per transaction for online bookings. This is an amateur production by arrangement with Stagescripts Ltd.

POSTPONED! COVID-19 rules have made our original dates impossible.
At the time of writing we are trying to replan for early the following week.
Please check our website, social media, posters or phone us for an update.

BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH
01954 780456 - clerk@barhillpc.org.uk
Chairperson: bunty.waters@barhillpc.org.uk

A big thank you for all your responses to our consultation last month. We will publish the results in the August edition.

We have received several complaints regarding the recent grass cutting such as missed areas, the speed at which mowers are travelling, and the quality of the work itself. Councillors have spoken to our contractors who have increased resources to cover this period of growth. We are working with them to address these issues and thank you for your patience. We would ask residents to take into account that the spring growing season has been very disrupted this year. A long, wet May has meant unprecedented levels of grass growth for the time of year. This has meant the grass has grown very quickly between scheduled cuts, resulting in quite a lot of cuttings laying on the surface in places. As the growth rate slows and the cuts become shorter, the grass will start look a lot smarter. Could we also politely remind you to move your vehicles away from the verges so the work can take place. We will be saving the dates of the next cut to the website the week before it happens and leafleting the areas that need extra attention to ask you to move your cars a few days before the cuts take place.

Useful Links

Dogs (Fouling of Land) Act 1996 (South Cambs DC); http://bit.ly/bh-dogfouling

Environmental Crime (South Cambs DC); http://bit.ly/bh-envirocrime

Damaged Street Nameplate (South Cambs DC); http://bit.ly/bh-streetnameplate

Reporting issues with roads, paths, street lights, etc. (Cambridgeshire CC); http://bit.ly/bh-highwaysfault

Report a non-urgent Crime (Police); http://bit.ly/bh-reportcrime

Could you provide a voice for residents?

Become a Parish Councillor and help make a difference to your community!

Contact office@barhillpc.org.uk for details on how to apply and get an information pack

https://www.barhillpc.org.uk

You may have noticed on your walks past the Parish Council office that the main green, noticeboard is not there. Sadly, this was vandalised on Sunday 12 June. This has been reported to the police. Our notices can be found in the smaller silver noticeboard for now.

What can you do to help make your property more resilient to flooding, should Bar Hill flood again as in 2014? Flooding presents an increasing risk to many people living and working across the Oxford-Cambridge Arc region. The Ox-Cam Property Flood Resilience (PFR) Pathfinder Project aims to increase the effective uptake and awareness of PFR across seven local authority areas. The project's Flood-mobile vehicle demonstrates more than 50 flood reliance actions you can take in your own home. It will be visiting Bar Hill in the summer – look out for further information on our website and noticeboards. The following website also includes a helpful Homeowners Guide to Flood Resilience, which offers much practical advice: https://www.floodtoolkit.com/ox-cam-property-flood-resilience-pathfinder/

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Gift Vouchers Available in store and online

Bar Hill Sports and Social Club

It's been an exciting month with reopening! the covid restrictions and table service has taken its toll on the staff and committee so thank you for your patience and understanding as we get used to the ever changing new normal.

We are always looking for new staff, Evenings and weekends available. If you would like to earn some extra cash please contact Helene to discuss this further.

We have some great events booked in so far for everyone to enjoy.

Starting with our annual Christmas draw renamed the Summer raffle, being drawn on the 20th August - tickets available to buy right up until the draw itself.

Then our family filled fun day on **Saturday 28th August 2-6pm**, rides, BBQ, zorbs, mini beer fest, bouncy castles and much more followed by a disco for the kids and adults in the club from 6pm. No tickets required just come and enjoy. Everyone welcome!

Saturday 18th September - The Harry Potter quiz! 6.30 registration for 7pm start. Whole family welcome! £2.50 per person to enter, winner takes all!

Saturday 16th October - Love the 80's, sensational singer featuring Madonna. £5 per ticket available from the Club. 8pm in the Village hall.

Saturday 30th October - Halloween disco for the kids. 6-8pm.

Saturday 11th September - sidekicks playing live.

Gets these dates in your diary and look out for more exciting things to come.

Thank you for all your support, we hope to see you all soon.

If you need to contact us please email - we'll aim to reply as quickly as possible. **bhssc.secretary@outlook.com**

To keep up to date with what's happening at the club check out our new website **www.barhillssc.co.uk**

Bar Hill Pre-School

In May and June, we have been looking at how we have grown, and what we like to do with our families. These photos have been made into displays and are great talking points for the children.

With the lovely sunny weather, we have made the most of the shade in the garden by planting some tomatoes and potatoes in our wooden planters. The children enjoy caring for them by watering them and observing them grow.

This month, the children have participated in a sponsored walk around the village green to raise money for the charity 'Crackerjacks'. We would like to thank everyone that sponsored the children.

Are you interested in finding out more and booking a place for your child? Contact enquiries@barhillpreschool.co.uk or call **01954 782892**. You could also visit our website www.barhillpreschool.co.uk for an enrolment form.

Children are offered places from the age of two years old. We are open 9am-3pm in term time.

We are currently taking applications for the school year September 2021-July 2022. Spaces are filling up fast, so enquire asap for a place.

Bar Hill Editorial Services

editing - copyediting - proofreading
academic - non-academic - professional

Roger Hall, 11 Almond Grove, Bar Hill, Cambridge. CB23 8DU

Contact: **01954 780304**, or **07746 118880**
Email: **rogerhall@barhill11.fsnet.co.uk**

On-screen and hard copy work accepted

Over Day Centre

Over Day Centre is a friendly, community led charity that has been offering high quality care and social opportunities to older people living in South Cambridgeshire since 1989.

We are looking for four new Trustees to join our Board and help us to navigate future challenges. We are also keen to increase the number of volunteers to both help at the Centre, and/or join one of our four working groups (see below). We want our Trustees reflect our diverse community with people from all backgrounds; as well as from all the villages for which we provide social care. At the moment we have clients from 6 villages – including Bar Hill.

The Board of Trustees meets 6 times a year and has four working groups focused on business development, maintenance of the Centre, HR and fundraising. All our meetings are currently virtual, and, in the future, we expect to have a blended mix of face to face and virtual meetings.

We are keen to find new trustees who can provide strategic direction, appropriate oversight, scrutiny, challenge, leadership, and passion to support the development of the Centre. Skills and expertise in business development, social care, human resources, and governance/policy would be welcome.

For further information about becoming a trustee or volunteer, please contact our Administrator, Halina Szulakowska by phone **01954 231807** or email **admin@overdaycentre.co.uk**. Arrangements can be made to meet with the co-chairs David Barker or Cecilia Tredget. Applications to be made by letter of support and CV.

OVER DAY CENTRE ASSOCIATION
Registered Charity No 800829

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Birthday Corner

1st - 4th July

Zac Harrison, and Harry Searle

5th - 11th July

Arthur Tucker, and a special mention to John Sweeney who is turning 80 (With love from wife Christine and children Steven and Roslyn xxx)

12th - 18th July

Skyla Dickinson and her auntie Kelly Howard (both celebrating on the same day!), Imogen Smith, Archie Clare, and Phoebe Whitfield

19th - 25th July

Poppy Caddell, and Wendy Arrowsmith

26th - 31st July

Augustus Ledeikis, Rhys Wilson

Other birthdays this month include; Jack Stearn, Molly Poynton-Gillott, and Ray Poynton-Gillott

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email cambridgeartservices@hotmail.com or visit www.cambridgeartservices.co.uk

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Buttercups CHILDCARE LTD

Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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PUZZLES & GAMES

JULY 2021

A	F	T	E	X	C	O	V	E
A	G	G	F	I	N	R	A	N
A	N	C	G	U	A	R	D	R
A	T	E	H	E	Q	R	E	G
A	T	L	I	A	L	R	O	W
B	O	R	I	N	G	S	P	E
C	U	L	I	N	G	T	E	E
D	E	B	K	E	T	U	E	R
E	N	T	M	A	R	U	R	E

WORD TILE BY BH

			R	E	G			
		R				I		
		B				U		
		C				U		
			A	N	C			
		A				T		
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			C	U	L			

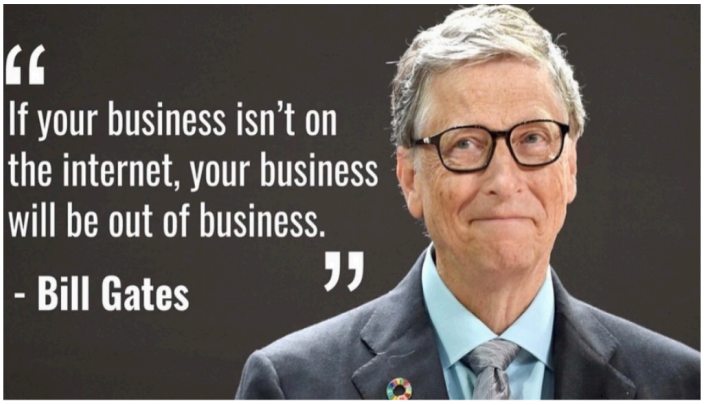
AIM: Place the 27 'three character tiles' in the left -hand grid TO the CORRECT spaces in the right hand grid relating to **TRADE TERMS** containing NINE letters horizontally and in alphabetical order.

1		2		3		4		5
	■		■		■		■	
6								
	■	■	■		■	■	■	
7		8				9		
	■		■		■		■	
10								

July Crossword

Across-1.insect that goes with bush & madam etc. 6.composed anew, 7.lessening of impact. 10.bargain.

Down---1.compact, 2.uncooked, 3.obvious, 4.healthy, 5.chinese river, 8.makes ovens etc, 9.epoch.



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Puzzle solutions will be published on the 25th of the Month on the Bar Hill Residents Association Facebook Page (or can be obtained by emailing the editor)

Helping hedgehogs in July

When hoglets reach 3 to 4 weeks old they will forage for food, returning afterwards to the nest to continue taking their mother's milk. They will leave the nest for good usually around 6 weeks.

We can help by continuing to leave food and water out for them. Soft cat/dog food and kitten biscuits are a great supplementary food for hedgehogs. If you see any hedgehogs out during the day this is means they are in serious need of veterinary care. They are often dehydrated and will need to be given fluids intravenously. The only occasion it is ok for a hedgehog to be out during the day , is when it's re-nesting as it's nest has been damaged or disturbed.

For help or advice on hedgehogs contact Liz Dams on **07912 988898** or Shepreth Hedgehog Hospital on **07505 651968**.

Out of hours Emergency line **07771 457693**.

Covid-19 Support Scheme

0800 088 6522

Foodbank: we were alerted by the South Cambs District Council to two people in immediate crisis and were immediately able to provide food until their financial hardship could be resolved.

REMEMBER: you DO NOT need to have the usual Foodbank Voucher to access our village foodbank. If you are struggling financially for whatever reason, just give us a quick call or drop us an email and we will quickly respond. Whatever you do, please don't suffer in silence, we are here to help!

OFFICIAL VOLUNTEER
Volunteer Name: KEVIN POTTS
This volunteer is an official representative of the Bar Hill Covid-19 Support Scheme, approved by District Councillor Bunty Waters:

Advice: a lovely member of our community was having a really tough time for all sorts of reasons, and we were able to get along side, provide professional advice in respect of her benefits and care and negotiate directly with the DWP, identifying and securing an additional much needed £100 per week, in benefits, that they were entitled to.

REMEMBER: our advice is provided by a fully qualified Citizens Advice advisor and we can help with benefits, debt, employment, work related issues, housing, immigration, consumer, family and legal. Just pick up the phone or email us at **BarHillAdvice@gmail.com**.

How to Keep Your Home Safe This Summer

Coronavirus forced many people to place their holiday plans on hold. However, with the government now reviewing travel, it's possible you might just get away this year. Whether you are planning a foreign holiday or not, you'll likely be out enjoying your new found freedom at pubs and restaurants over the Summer, leaving your homes unoccupied much more regularly as lockdown restrictions lift. While this can be great news for the economy, it could bring a possible rise in household burglaries so it's important to be vigilant.

Here's our top tips on keeping your home safe this Summer.

Ensure your doors are locked.

While the nice weather means we typically spend longer outdoors, we can often forget to lock the doors after we leave the house. Always remember to keep both front and back doors locked, whether you're simply going for a jog or popping out to your local shop. Don't forget your windows!

Protect your home online

If you do want to use social media to tell friends that you're in the pub or on holiday, there are things you can do to protect your home and possessions from burglars. Make sure your social media profile is set to private and avoid using the location and check-in features when you're out and about. Also, try to save those holiday posts until after you are back home.

Get tech savvy together with your home security

You could think about installing a wifi security camera to deter potential thieves. Or keep an eye on things with a video doorbell. Another clever tip is to install smart lights. Some smart lights have away modes that turn the lights on and off intermittently making it appear as though someone is home.

If this is of interest to you please join the neighbourhood watch village group on face book Bar hill nhw and help keep the village a safer place to live in.

Bar Hill NWR

Bar Hill NWR (National Women Register) is a friendly group of like minded women who meet every two weeks in members' homes (gardens at present) discussing a variety of topics.

If you are interested in joining please contact the Local Organiser Kaye on **782403** or her deputy Marie-Thé on **780329**.

July 8th: birth order (does the position in the family order have an effect on life)

July 22nd: medicine (research a drug, its history, development, etc.)

August 5th: Africa (research and talk about an African country

NEIGHBOURHOOD WATCH
Bar Hill
Neighbourhood Watch
working for a safer community
BAR HILL
To contact Neighbourhood watch please email nhwinbarhill@yahoo.co.uk
To keep up to date on the latest developments please join us on facebook: http://bit.ly/FBBarHillNHW (or search for "Bar hill NHW")

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Shepreth Wildlife Park has raised over £400,000 for conservation charities at home and abroad, thanks to the generous donations of our guests.

SHEPRETH WILDLIFE PARK

Now we are seeking Visitor Engagement Volunteers to help these guests have a great experience during their visit.

Do you enjoy chatting to people?

Do you love animals?

Do you have time to give to a great cause?

Duties include: explaining our conservation and education missions, pointing out hard-to-spot animals, sharing facts and showing artefacts, as well as helping with general enquiries.

For an application form, please see: https://sheprethwildlifepark.co.uk/volunteers-vacancies/

Contact Liz Dams : **07912 988898**.

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HAPPY HOURS - July 2021

We are meeting in the main bar area of the Sports and Social Club between 2 and 4pm on Friday afternoons for tea and cakes, getting together with friends, fun and games, all of this for only £2 per person. The bar will be open if you want something 'extra'

We are looking for new members to join us so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and give us a try!

In the meantime STAY SAFE!

Coming up in July and August:

02-JUL: All things American
09-JUL: Pictionary
16-JUL: Bingo/Raffle
23-JUL: Growing up in the 30s and 40s
30-JUL: Play your Cards Right
06-AUG: "A Day at the Seaside"

Anne Plumb, 01954 780364

BAR HILL WARD - DISTRICT COUNCILLORS REPORT

OX-CAM PATHFINDER PROJECT

I have been contacted by Ox-Cam PFR Pathfinder Project, which is one of three national Defra projects which are designed to raise awareness of property flood resilience measures in communities that have been affected by flooding. The Project are planning to visit at least 10 affected communities across the Oxfordshire-Cambridgeshire arc region with their Floodmobile demonstration vehicle to host an event that the community can visit to find out more about flooding and what they can do to lessen the impact a flood can have on their homes/ businesses. Bar Hill is one of the areas where they will bring their vehicle for all residents to visit and ask questions. This is expected to be in August, just waiting for the date to be finalised. An article will be in the Bar Hill News, please make sure to visit and ask questions.

CARING TOGETHER

Don't forget that if you care for a family member or friend you are entitled to free PPE (personal protective equipment). This protects you and the person you care for. See https://t.co/VCokxSL7BF

EQUINE & NMU STRIP

I have not received a response to my FOI to date, they have 20 days to respond. I am meeting with a member of HE to get any update, however, they continue to say it was in the DCO, Development Consent Order, which is required from government to put in highways. I have been in talks since the start of the A14 upgrade and cannot recall any mention of this, however, I await to see what was stated for this NMU. As this is Highways England and County Council responsibility I believe we will be sidelined and ignored.

CLIMATE CHANGE

The council has agreed to be carbon neutral by 2030 which is having an effect on varius aspects of council responsibilities.

The requirements for all planning applications has been upgraded to include better insulation, building materials as well as water conservation and increased use of renewable energy.

The new refuse lorry is an electric vehicle but will mostly run in Cambridge as it does not have the capacity for the rural areas. However, technology moves forward rapidly and it is hoped future vehicles will be able to be used in South Cambs.

There are plans to install solar panels in the car parks at Cambourne and the Depot at Waterbeach. There has been a focus in increasing and improving cycle routes and encouraging a healther life style. Clearly the Home working scheme has been accelerated by the pandemic but the reduction in travel is seen as a way forward.

How lucky are we, in Bar Hill, to have the wonderful walks now, over the bridge and off to Cambridge, Dry Drayton, Boxworth, Lolworth etc., and others which I am sure you will have found by now.

Welcome if you are new to the village, contact me if I can help in any way or you would like more information

South Cambridgeshire District Council

Please contact me if you would like further information, help, or advice
Cllr Bunty Waters - bunty.waters@ntlworld.com **01954 201421/07734 690580**

Who we are and what we do

University of the Third Age in Cambridge (U3AC), an independent Charitable Incorporated Organisation (CIO), organises educational, social and fitness activities for people who are not or no longer in full-time employment (there are no age restrictions). Set up in 1982, we are self-financing and run by our members.

U3AC is a well-established, educational charity based in Cambridge with over 2,200 members. We offer a wide range of courses covering traditional subjects, such as history, languages, sciences etc; plus leisure pursuits, such as bridge and board games as well as physical activities such as walking, dance and table tennis. Our typical members are no longer in full-time employment. We aim to be Inspirational, Educational and Sociable, as participation is known to enhance well-being – both mental and physical. Offering over 300 courses and lectures we have something for everyone! Set up in 1982, we are self-financing and run by our members for our members, and we encourage those who wish to, to become tutors. We have premises in Bridge Street and offer a variety of learning styles - lectures, discussions, hands-on - both face-to-face in our modern well-equipped premises, and online via Zoom.

Please look at us on **www.U3AC.org.uk**, and we would be happy to send you our Programme for 2021/2022. We will be having an Open day and you are welcome to come and meet us in Bridge Street !

U3AC

Email: office@u3ac.org.uk
Telephone: 01223 321587

SPECTRUM CAMBRIDGE

Registered Charity 1179618

Spectrum are family focused and passionate about inclusion.
We are proud to have won both the Cambridge Live Community Awards and Luminus Community Inspiration Awards for our work.

Providing a broad range of engaging and imaginative events, days out and SEND support for children with Autism, additional needs, learning difficulties and disabilities, alongside their families and carers.

Additionally we are a recognised agent for Max Card across East Anglia and work closely with Clip n Climb Cambridge on their SEND sessions.

Our membership is free.

@spectrumcio

www.spectrum.org.uk 01223 955404 hello@spectrum.org.uk

#WEARESPECTRUM

Bar Hill Scouts

Since we have been back to 'in person' scouting, all our sections have been making the most of the great outdoors! Scouts have been hiking, Cubs had a go at using Bar Hill as a giant monopoly board, and Beavers have been welcoming new members as well as creating their own characters!

Scouts
1st Bar Hill

A recent highlight has been an evening run by Craft Shed, in which the cubs had the chance to construct bird boxes and learn to use the tools to do so. Craft shed kindly provided the expertise, guidance and materials. All the cubs thoroughly enjoyed the evening, and came home feeling very proud at what they had been able to achieve. Huge thanks are due to the Craft Shed team.

Congratulations to Sarah Seekings and Nathan Hills who have received the Commissioners Commendation Award, to recognise their fantastic efforts this year. If you'd like to be part of a commendable team, consider that we remain short of adult leaders and helpers in all sections Volunteering in Scouting need not take up much time, or effort, but can be immensely rewarding so please get in touch if you have the desire to help young people in your community.

Would you like to join or help?

For Scouting: Groups meet at Bar Hill Scout Hut (near the Sports and Social Club): Beavers (Ages 6 -8): Thursdays, Cubs (Ages 8-10.5): Mondays, and Scouts (Ages 10.5 -14): Fridays.

Contact **David.wright@barhillscouts.org.uk**. Please note that waiting lists operate for the younger sections.

Or have you been inspired to join Craft Shed? Contact **c.e.stannard1@gmail.com**

What goes in your blue bin?

Yes

Recycle ✓Clean ✓Empty ✓Don't bag it

Cardboard

Paper & magazines

Tins, cans & foil

Aerosol cans

Glass bottles & jars

Cartons

Plastic pots, tubs, trays & bags

Plastic bottles

Shredded paper
(in envelope or clear sack)

Occasional extra recycling
One clear sack and/or a bundle of cardboard that would fit in an empty blue bin can be left next to your bin for collection, providing the crew has sufficient space on the round. Or order an additional blue bin for free via our website.

No

- ✗ Black bin bags or rubbish
- ✗ Nappies, tissues, kitchen paper, wipes & sanitary waste
- ✗ Polystyrene
- ✗ Glasses, flat glass or glass dishes
- ✗ Mirrors, Pyrex, plates/ crockery

The following can be recycled elsewhere – check our website.

- ✗ Clothing and textiles
- ✗ Food, liquid or garden waste
- ✗ Wood, plasterboard & DIY waste
- ✗ Furniture or electricals
- ✗ Scrap metal e.g. pans
- ✗ Hard plastics e.g. bucket
- ✗ Crisp packets

What goes in your green bin?

Yes

Compostables

Cooked/uncooked food waste (including meat, fish and dairy)

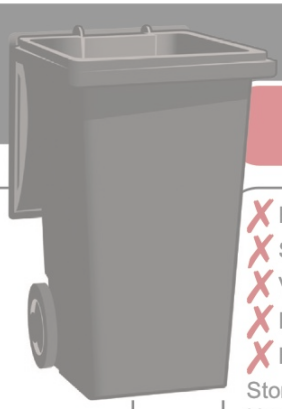
Untreated wood and sawdust

Garden waste

No

- ✗ Plastic & plastic bags
- ✗ Compostable bags e.g. Biobags
- ✗ Nappies, wipes and sanitary waste
- ✗ Soil or stones
- ✗ Painted or treated wood
- ✗ Cat or dog waste
- ✗ Plant pots and seedling trays
- ✗ Used paper tissues and kitchen paper (during the pandemic)

What goes in your black bin?



Yes

Reduce

Please try to reduce other rubbish that cannot be recycled or composted

General rubbish
including nappies, wipes, sanitary waste, polystyrene, broken crockery or glassware (wrapped), tissues and kitchen paper

No

- ✗ Rubble/bricks
- ✗ Soil
- ✗ Very heavy items
- ✗ Electrical items
- ✗ Batteries

Store these items to take to Household Recycling Centres at Milton or Thriplow.

Not sure if it can be recycled? Check the 'What goes in which bin?' page on our website, via www.scambs.gov.uk/bins for hundreds more items

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Olive Tree Bereavement Group

This is normally a monthly meeting place for those who have suffered a bereavement and provides a welcome, safe place to talk about these issues.

In the absence of meeting in person because of the Covid pandemic, we are happy for you to contact us by phone if you need to talk or are finding things tough.

We look forward to meeting again in person when it is safe to do so. In the meantime we would love you see you at our Zoom Meeting coffee and chat event on Saturday 5th June at 10.30 – 11.30 am. Contact either of us for details of entry.

Chris **781978** or Sue **780260**

Wildlife Gardening

It is another very busy month for garden wildlife. Bees, moths, butterflies and other pollinators are making the most of flowering plants and sunshine. The birds are foraging for caterpillars to feed their chicks.

A very good friend who is a wildlife expert in Fowlmere told me about an unusual incident he had been called to in a neighbours garden.A Mistle Thrush nest had two young being fed by the adults. They nest fairly high up in mature trees but this nest was in a shrub & only 5' from ground level. The property owner noticed the two fully feathered young seemed to be attached & on checking, she found the nest contained quite a lot of lengths of man-made plastic (the type that dumpy bags are made of) - The plastic had entangled a leg from each bird. She managed to cut them from the nest & removed one of the birds, that had unfortunately died. My friend called in and removed the plastic from the live bird. It had been wrapped around its leg for some time & had cut off the blood supply, so it had lost the use of its foot! The parent birds were still coming in to feed it, so he made the decision to release it in the garden. It was healthy, other than its foot & birds are known to do well with just the one foot!

Dumpy bags do have bits that break off; especially when the bags are cut open. These discarded pieces can cause so much damage!!! Litter is a potential hazard to wildlife. Please dispose of responsibly and don't leave lying around the garden.

Ox-Cam Pathfinder Project

The Ox-Cam Property Flood Resilience (PFR) Pathfinder Project aims to increase the effective uptake and awareness of PFR across the seven local authority areas.

Flooding presents an increasing risk to many people living and working across the Oxford-Cambridge Arc region.

Due to intense and prolonged rainfalls, we have seen robust defences overtopped or damaged and furthermore, according to Sir James Bevan, Chief Executive of the Environment Agency, winter rainfall is set to increase by almost 60% by 2050.

Installing flood resilience measures to new builds and existing properties will enable recovery to happen in just a matter of days instead of months, should a significant flood occur.

As one of three DEFRA-funded national pathfinder partnerships, the OX-Cam Property Flood resilience (PFR) project will be supporting communities across the area in understanding the advantages of PFR.

We demonstrate the active steps that can be taken to make homes, businesses, or other property resilient to flooding.

Working with partners and communities, including insurers, construction and property businesses, our focus is to promote a greater understanding of the actions that can be taken to minimise damage from flood waters.

Please see some links to the website and a virtual tour of the Flood-mobile: https://bit.ly/3zAQtp6

360-degree virtual tour: https://bit.ly/35zYsoF

Homeowners Guide to Flood Resilience – a fantastic free guide that offers some excellent advice: https://bit.ly/3vCbZXu

Merry Christmas

Christmas In July

No, this isn't the effect of spending too much time in lockdown! We really are putting on a Christmas event in July.

The person who helped us organise the Christmas Tree in Bar Hill last year is coming to the village to show off their Christmas wares to help us prepare to do something extra special for the village this year.

Come along! We'd love to see you and hear your views on what you'd like to see this year.

We'll be reaching out to companies and organisations across the village to come and visit as well. The more the merrier!

We look forward to seeing you there. There might even be some mulled cider …

If you'd like to contribute to the funds for this year the fundraiser is still active and the total stands at over **£1000** two-thirds of the way towards our £1,500 target!

We have a goFundMe page; bit.ly/BHRAChristmas2021. If you'd like to donate but don't want to donate online cheques payable to "Bar Hill Residents Association" can be left at the Parish Council Office or at 18 Foxhollow.

If you'd like to help please email bhneditor@yahoo.com.

COME VISIT US IN THE CHURCH HALL

7TH JULY

4-6PM